Martha Smith

(555) 555-5555

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I am a passionate caregiver dedicated to the needs of my clients. I have over 10 years of experience as a caregiver in facilities and in the home setting. Over the course of my career I have demonstrated dependability, reliability and compassion. I possess all skills required when assisting clients with activities of daily living including bathing, dressing, lifting and transfers. I experience with clients with conditions such as Alzheimer’s, dementia, multiple sclerosis and ALS. I am looking forward to assisting you and the clients you serve.

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| Experience |  | CAREGIVER : Caring Home Care (Dallas, TX), 2008 – present * Provided assistance with activities of daily living to clients with a variety of conditions including MS, COPD, Alzheimer’s and dementia.
* Sought out companionship activities that enrich the lives of clients including reading, going to movies and visiting the neighborhood senior centers.
* Prepared meals for clients based on diet preferences and restrictions.

PCA : Direct Assisted Living (Dallas,TX), 2005 – 2008* Provide assistance as needed with medication reminders, bathing, grooming, dressing, escort service and other activities of daily living for the residence.
* Recognize abnormal or changing conditions in body functioning and report to RN.
* Transfer, position and turns residents as required.
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| Education |  | **CERTIFIED NURSES AIDE**: The Healthcare College (Houston, TX), 2005 CERTIFICATIONS: * CPR Certified: Adult, Child and Infant
* First Aid Certified
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| Skills |  | -Patient Positioning - Patient Advocacy and Support -Bathing -Patient Redirection-Medical Terminology -Perineal Care-Vital Signs & Patient Monitoring -Assisting with Ambulation |
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| References |  | **Career Counselor at The Healthcare College,** Houston, Texas**Supervisor at Caring Home Care,** Dallas, Texas**RN at Direct Assisted Living,** Dallas, Texas |