Martha Smith

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# Summary

I am a passionate caregiver dedicated to the needs of my clients. I have over 10 years of experience as a caregiver in facilities and in the home setting. Over the course of my career I have demonstrated dependability, reliability and compassion. I possess all skills required when assisting clients with activities of daily living including bathing, dressing, lifting and transfers. I experience with clients with conditions such as Alzheimer’s, dementia, multiple sclerosis and ALS. I am looking forward to assisting you and the clients you serve.

# Education and Certifications

The Healthcare College Houston, TX

Certified Nurse Aide 2005

* CPR Certified: Adult, Childe and Infant
* First Aid Certified

# Experience

Caring Home Care Dallas, TX

Caregiver 2011 – Present

* Provided assistance with activities of daily living to clients with a variety of conditions including MS, COPD, Alzheimer’s and dementia.
* Sought out companionship activities that enrich the lives of clients including reading, going to movies and visiting the neighborhood senior centers.
* Prepared meals for clients based on diet preferences and restrictions.

Direct Assisted Living Dallas, TX

PCA 2005 – 2011

* Provide assistance as needed with medication reminders, bathing, grooming, dressing, escort service and other activities of daily living for the residence.
* Recognize abnormal or changing conditions in body functioning and report to RN.
* Transfer, position and turns residents as required.

# Skills

* Patient Positioning
* Bathing
* Medical Terminology
* Perineal Care
* Assisting with Ambulation
* Patient Redirection
* Patient Advocacy and Support
* Vital Signs and Patient Monitoring